

INFORMATION!

ABOUT THE CAMP:

The Basketball "Camp of Champions" is a small camp dedicated to providing individual instruction and one-on-one help. Camp numbers are limited to 75 campers so that we can maintain an individual approach.

WHO CAN ATTEND?

Any student 6th grade (2011-12) through 12th grade (2011-12) may attend.

WHAT DOES THE CAMP FEE INCLUDE?

The camp fee includes meals, a camp T-Shirt, awards, individual fundamental periods each day, films, lectures, team play, handout material to take home, & insurance on each camper.

WHAT DO YOU NEED TO BRING?

You will need to bring a supply of sweat socks, shorts, T-Shirts, gym shoes, towels, soap, toothbrush, sheets, blanket & pillow (or sleeping bag), and other camp clothes as desired.

WHAT IS THE FEE?

The fee for the "Camp of Champions" will be \$240 for the camp. This includes meals, lodging, T-Shirt, tuition, insurance, and handout material to take home. The fee is \$215 for a day camper, which includes all of the above except lodging and breakfast.

WHERE IS THE CAMP HELD?

The 2011 Basketball "Camp of Champions" will be held on the beautiful campus of Oakland City University in Oakland City, Indiana. Oakland City University has an outstanding facility, including 6 indoor stations (2 full courts), a fitness center, and more...

WHEN DO YOU ARRIVE AND LEAVE?

Campers should check-in in the lobby of Johnson Center between 2:30 p.m. and 4:00 p.m. on Sunday. Camp will conclude Thursday at 11:00 a.m. at the conclusion of the camp All-Star Game.

A TYPICAL DAILY SCHEDULE

6:45-7:15	Rise & Shine
7:05-7:45	Breakfast
7:45-8:00	Tidy Up Room
8:00-8:45	Lectures & Film
8:45-11:00	Fundamentals Session
11:00-12:00	League Games
12:00-12:45	Lunch
12:45-1:00	Rest
1:00-3:00	Featured Lecturer, Demonstrations, and Fundamentals Session
3:00-3:30	Contests and Awards
3:30-5:00	League Games
5:00-6:00	Dinner
6:00-6:30	Rest
6:30-8:00	League Games
8:00-9:00	Free Time
9:00-10:00	Films
10:00-10:30	Fun Time (Pizza Parties, etc)
10:30	Lights Out



We Stress Fundamentals Here Are The Fundamentals You'll Learn

SHOOTING

Triple threat position/Right and left drives/Whirl, drive and jumpshot/Stagger move/Drive, stop and jump shot

BALL HANDLING, PASSING & DRIBBLING Proper Techniques

Demonstration of fundamentals/Starting and stopping the dribble/Protecting the ball/Crossover, reverse, control and speed dribbles
Proper Techniques of Passing
Receiving and follow-through/Chest, bounce, overhead, shovel, and flip passes

POSITION PLAY

Center Play - Proper Techniques

Squaring up and triple threat/Tipping/Jumpshot drill/Fake - drive - power move/Offensive and defensive rebounding

Forward Play - Proper Techniques

Triple threat position/Fake left, drive right/Fake right, drive left/Fake - one dribble - jump shot/Reverse and power moves to basket

Guard Play - Proper Techniques

Passing to guard, to forward and to post/Shot selection/Guard defense

INDIVIDUAL INTENSIFIED PLAY

Proper Techniques

Pivoting/Blocking out/Defensive and offensive rebounding

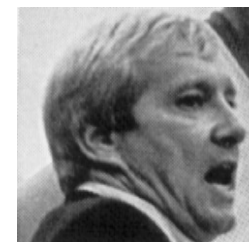
DEFENSIVE BASKETBALL

Proper Techniques I

Individual defense & "Importance"/Good defensive stance/Balance, Speed, Quickness/Foot, hip, trunk, eye, head and shoulders

Proper Techniques II

Guarding a man with and without ball/Guarding dribbler, shooter and cutter



Camp Director

DR. MIKE SANDIFAR

Men's Basketball Coach
Oakland City University

Coach Mike Sandifar has guided the Oakland City University Men's Basketball Program to a school record 382-222 mark in 20 seasons, including a NCCAA National Championship in 1999, two NCCAA National runners up spots, one in 1994 and the other in 2006. In 1993, the "Mighty Oaks" finished 3rd, and in 1997, OCU was 4th.

The 2010-11 version of "Mighty Oak" Basketball finished the year at 20-12, the 9th 20-win season at Oakland City University under Sandifar's direction. After winning the national title in March of 1999, Coach Sandifar stepped down as the men's basketball coach, but on June 1st of 2003, he returned to the sidelines and led the "Oaks" to a 19-11 mark, including the NCCAA Midwest Region Championship (the school's first since 1999) and a berth in the NCCAA National Finals, where he led his team to a 5th place finish. For his efforts, he was named Midwest Region "Coach of the Year" for 2003-04.

His OCU teams have played in a school record 20 straight post-season tournaments, and his teams won a national record 10 straight regional championships (1993-99 and 2004-06). In 1993, 1994, 1995, 1996, 1997, 1998, 1999, 2004, 2005, and 2006, Sandifar was named Midwest Region "Coach of the Year". In 1999, he was also named National "Coach of the Year".

Dr. Sandifar's teams have compiled a 610-376 record in 36 seasons on the sidelines as a coach at the high school and collegiate levels, and those totals include 10 collegiate region titles, 6 conference championships, 5 conference runners-up, a 3rd place conference finish, and two fourth place finishes in 16 years of conference competition. In addition, 24 of his 29 collegiate teams have participated in post-season tournaments.

In 7 years, at 4 Indiana Schools, Coach Sandifar's teams posted a 98-49 record with seasons of 12-6, 10-11, 17-6, 16-6, 17-4, 8-13, & 18-3, respectively, including 3 conference championships, 3 loop runners-up, and 4 "Coach of the Year" awards.

In 3 years at Averett College (1978-81), Coach Sandifar's Cougars were 37-42, including 3 tournament titles and a NCAA field goal shooting championship (.584) in 1980-81. Prior to Sandifar's arrival, Averett was 28-106 in the 8 previous seasons. The Cougars were 10-17, 14-12, & 13-13, respectively, under Sandifar.

Dr. Sandifar took over at Southwestern College in 1981, where he immediately led the Moundbuilders to an 18-10 mark and a berth in the NAIA Tournament. The year before, SC was 8-17. At SC, Sandifar posted a 93-92 record that included a conference championship, 2 league runners-up, a 3rd place finish, and one fourth place finish in 6 seasons. In 1984-85, he was voted "Coach of the Year" by his peers for posting a 20-5 record, including a 17-1 conference mark.

A graduate of Panhandle State University in Goodwell, Oklahoma, where he was the smallest performer (5'7") in the tough Oklahoma Collegiate Conference in his playing days, Dr. Sandifar is in demand as a banquet, clinic, and church speaker. One of the top "motivators" in America, let Coach Sandifar help you become an outstanding hardwood performer as he has so many others...

APPLICATION FOR BASKETBALL "CAMP OF CHAMPIONS"

Mail your application and \$50.00 (non-refundable) application fee (balance to be paid on arrival) to Mike Sandifar, Camp Director, Oakland City University, Oakland City, Indiana 47660, Phone: 812-749-1290 or 812-749-4876.

Name _____ Phone No. _____ Age _____
 Address _____ Grade as of September 2011 _____
 City, State, Zip _____ Height _____ Weight _____ Res. Camper _____
 Parent's Name _____ Local Newspaper _____ Day Camper _____
 Name of School _____ Coach's Name _____
 Roommate Preference _____ (2 campers to a room) Adult T-Shirt Size _____

Please mail () brochures to me for my friends.

In case of an emergency, I authorize the physicians of Gibson General Hospital to administer treatment of any injury or illness for my child's best welfare. Permission is given to the camp to use photographs and/or endorsements of campers in its brochure.

Week of June 26-30

Signature _____

Parent or Guardian

MAIL APPLICATION TODAY

INSTRUCTORS

Instructors and coaches from our staff will be staying in the residence hall with those attending the camp. All of our staff members are highly qualified, experienced people who will provide the best instruction available anywhere in the country in the fundamentals of individual and team play.



LIVING HEADQUARTERS

The first essential in a good program is the living accommodations for the participants. Each camper attending our camp will be housed in a residential hall near the athletic complex. Campers will be living two in a room. All meals are prepared under the supervision of professional dietitians.



RECREATION

Many recreational and free time activities will be provided. Among these are movies, billiards, and ping pong.

Dear Camper,

At Oakland City University, we are firm believers in teaching the fundamentals of the game of basketball. The value of these basics is immeasurable, as the entire program depends on fundamentals. Playing basketball to the best of one's ability will depend on the execution of fundamentals and the willingness of each individual to be a team player.

Teaching every fundamental part of the game of basketball and incorporating each of these fundamentals into a team concept and team play are the goals of the BASKETBALL CAMP OF CHAMPIONS here at Oakland City University. We will do everything in our power to ensure that each camper who attends the BASKETBALL CAMP OF CHAMPIONS is a better basketball player at the conclusion of camp.

Each camper will receive as much individual attention as needed to master the proper techniques of the basic skills such as passing, dribbling, defensive stance and slides, and shooting the lay-up.

We will look forward to meeting each camper and getting to know each one personally, and we sincerely hope that our camp program will be enjoyable as well as beneficial to all of those who attend this special week of fun and hard work, as we work hard to make each camper the best possible basketball player.

Sincerely,

Mike Sandifar
 Men's Coach - Oakland City University
 Camp Director

MIKE SANDIFAR'S
OAKLAND CITY UNIVERSITY

2011 BASKETBALL
"CAMP OF CHAMPIONS"

INDIVIDUAL CAMP JUNE 26-30

"MIGHTY OAKS"

- 1. Individual instruction each day
- 2. Emphasis on skills and fundamentals
- 3. Team Competition
- 4. Individual Contests
- 5. Trophies and Awards

Only 75 Individuals accepted